

The CATHOLIC
FOUNDATION
OF NORTH GEORGIA
780 Johnson Ferry Road, Suite 750
Atlanta, Georgia 30342
www.cfnga.org

“And blessed
is the fruit of
thy womb”

LUKE 1:42

YOUR SUPPORT HAS
GROWN THE
CATHOLIC FOUNDATION
YET AGAIN –
FROM \$8 MILLION
TO \$32 MILLION
IN LESS THAN
TWO YEARS.

From Charles to expectant mothers, a message: Seeing is believing

CHARLES CATTANACH TRAVELS THE MOUNTAIN TRAILS TO SAVE BABIES

BY NANCY COVENY

When I heard about the work of Charles Cattanach, I knew he was serving the Lord in a way that The Catholic Foundation of North Georgia would be interested in supporting.

Charles volunteers his time driving around the North Georgia and North Carolina mountains performing ultrasounds for women who visit 13 local pregnancy care centers. Charles knows that many of these women struggle in many ways because of their pregnancy — emotionally, financially and socially — and are considering abortions. He also knows that the only thing that might stop them from having an abortion is to see their baby in an ultrasound.

So, to provide them with an ultrasound, Charles started the Life Images ministry and has logged 182,869 miles bringing ultrasound technology to these women. He has heard moving stories from some of these women who admit they were going to have an abortion until they saw their baby’s face in the ultrasound machine. As a result of his work, he has seen mothers hold in their loving arms babies who are alive because he provided an ultrasound in a moment of crisis.

The Catholic Foundation of North Georgia provided a grant earlier this year to upgrade Charles’ ultrasound machine and to offset some of the operational costs — mainly

a mileage stipend to cover the maintenance and fuel of his personal vehicle.

Since Life Images began in September 2003, Charles has provided 5,703 ultrasounds to as many as 15 different pregnancy care centers. In his humility, Charles told me that “volunteers” have logged 17,579 hours and almost 200,000 miles to provide this mobile ultrasound ministry. But I learned that he is the one and only volunteer who has done all of this important work.

The very first ultrasound Charles provided was for a pregnant young woman whose mother was driving her to Atlanta for an abortion. The expectant mother convinced her mother to stop at the pregnancy care center. Charles just happened to be there. “God puts me where he needs me to be,” Charles told me, recalling that day. The ultrasound showed a baby, on her knees, with her hands clasped and her head bowed as if in prayer.

Another story Charles told me was about a woman who received an ultrasound in December but decided to abort her baby anyway. She came back in January, thinking she was pregnant again and planning to have another abortion. Charles



was able to show her, with an ultrasound, that somehow the baby in December had survived the abortion and that this was actually the same pregnancy. The mother of this child chose to keep her baby.

Charles, who told me that he has been “pro-life since forever,” said that he is especially grateful for the grant from The Catholic Foundation of North Georgia because in these challenging economic times it is hard to raise funds for his ministry. Most of these women who are considering abortions do not think of these children as babies, he said.

“It was not supposed to be a baby yet,” is what he often hears. The upgrade to the ultrasound equipment allows these mothers to see their baby’s face as early as five weeks into the pregnancy!

Charles tells me that he is not ready to retire from this extraordinary ministry. Seeing a mother shed quiet tears of gratitude because the ultrasound pictures convinced her to not destroy her child, knowing that he saved her from the stress and regret of a post-abortion life – those are gifts! How could he not accept such gifts? He just wants to get back in his car and go meet the next expectant mother.

Nancy Coveny is the executive director of The Catholic Foundation of North Georgia.



The CATHOLIC
FOUNDATION
OF NORTH GEORGIA
NEWS

DECEMBER 2010



Diane Duquette, Director of Gift Planning

The CATHOLIC
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Plan your gifts for the future



WHY LEAVE A LEGACY?

- 1 It's simple. It can be as easy as including language in your will stating, "I give \$20,000 to The Catholic Foundation of North Georgia to benefit (seminarian education, for example).
- 2 You can change your mind. We won't receive the gift until after your death. During your lifetime, you can amend anything you choose, i.e., beneficiaries, amounts, etc.
- 3 It could be beneficial for tax purposes. Gifts to a qualified charitable organization reduce the value of your estate for estate tax purposes.
- 4 It's an easy way to support your parish, Catholic school or other organizations or ministries. We would be grateful for your gift. Bequests of every size build our future financial strength.

HOW DO YOU LEAVE A LEGACY?

How you include a gift in your will or revocable trust depends on what you want to accomplish, and what you want to give to your parish or other Catholic entity. Here are some options:

NINE NEW FUNDS WORK FOR EACH PARISH

If you wish to help your parish, please consider a gift to one of the already established Parish Endowment Funds for:

The Cathedral of Christ the King
Christ Redeemer Catholic Church
Holy Spirit Catholic Church
St. Francis of Assisi (Blairsville)
St. Paul the Apostle
St. Peter Chanel Catholic Church
St. Pius X Catholic Church
St. Thomas Aquinas Catholic Church
The Hands of the Good Shepherd Fund for
Good Shepherd Catholic Church

Or, help your parish start its own fund.
Talk to your pastor or parish business manager.
All gifts to a parish fund benefit that parish.

- 1 Give a percentage of the residue of your estate. The amount left after taxes and expenses are satisfied and specific bequests have been paid; e.g., "I give 25 percent of the rest, residue and remainder of my estate to The Catholic Foundation of North Georgia for _____ Endowment Fund.
- 2 Give a specific dollar amount or item of property. e.g., "I give The Catholic Foundation of North Georgia \$25,000." Or, "I give The Catholic Foundation of North Georgia 100 shares of Coca Cola stock."
- 3 Make your bequest contingent. e.g., "I give The Catholic Foundation of North Georgia \$25,000 if my niece and nephew pre-decease me."

HAVE A SAY

In addition to choosing how your bequest will be made to us, you also have a say in how it will be used and acknowledged:

- 1 **Make the gift unrestricted.** It will go into our General Fund, from which we give grants to our Catholic community.
- 2 **Make the gift restricted.** i.e., to support a specific area of interest, such as your parish endowment or school endowment fund.
- 3 **Set up a named endowment fund.** e.g. "The John Doe Family Fund to benefit Catholic Charities."
- 4 **Memorialize or honor a loved one.** "This gift is made in memory of my mother, who was one of the first donors to The Catholic Foundation of North Georgia."

We can provide the foundation's correct legal name as well as suggested wording for the various bequest types and methods mentioned above. This information can assist your attorney in finalizing your will.

If a gift through your will (or living trust) is of interest, please contact *Diane Duquette*, the director of Gift Planning at the Catholic Foundation of North Georgia: Phone, 404/497.9440 or e-mail, dduquette@cfnga.org. She can help you specify how you want your gift to help our Catholic community.

Your year-end gifts to the Church transform lives

"Freely ye have received. Freely give."
ST. MATTHEW 8:10

For Catholics in the communities of North Georgia and around the world, the old year has passed. November 30 was the culminating day of the church year, the Feast of Christ the King.

The New Year comes to the Universal Church with Advent and our anticipation of the coming of the Christ Child. "I am the Alpha and the Omega," Jesus reminded us, "the Beginning and the End."

Never is the seamless love of God — beginning and end and beginning again — more evident than at this time of year, when the Ruler of the Universe becomes for us, once again, the Infant Babe of Bethlehem.

So it has been for more than 2,000 years, with a grace that transforms lives. That same grace has transformed our world through the work of the Church and her people.

The Catholic Church is:

- The largest charity on the planet.
- The originator of hospitals and orphanages.
- The creator of the college system, the scientific method, the laws of evidence and hundreds of other institutions that we take for granted.

The Church gathered the Bible together and it dispersed explorers and faithful missionaries to unexplored lands.

Your participation in The Catholic Foundation of North Georgia continues this millennial work of building the kingdom in North Georgia. Last year alone, the Foundation:

- Supported scholarship programs in grade schools and high schools.
- Began a pioneer program in Catholic Heritage for mountain teens.
- Helped make known the gifts of people with disabilities.

- Supported retreats for homeless who have been substance-free for three months.
- Helped provide job skills for young people who have grown out of the foster care system.
- Provided funding for programming on the weekly Catholic Hour radio broadcast

- (WDUN-AM in Gainesville).
- Worked in 18 parishes and schools.

In the final weeks of the year, as you assess your year-end financial picture and begin planning your family's budget for the year ahead, please consider increasing your involvement in the life of The Catholic Foundation and its stellar support of the Church in North Georgia.

The Foundation and the parishes of the archdiocese always appreciate a gift of cash. But whether your gift is by cash, check or other means, the Foundation can help you complete your gift easily and quickly by year's end.

You can also donate appreciated assets, such as stock, by transferring them to the Foundation or your parish. Wise donors know this type of gift brings not only the usual tax deduction but also avoids payment of capital gains taxes.

Other gifts have rewards beyond the tax deduction as well. Trusts and charitable gift annuities, for instance, offer payments back to you for life. They also have the advantage of an income tax deduction and capital gains and other tax savings.

The growth of the Foundation — from \$8 million less than two years ago to \$32 million today — attests to its strength as an institution.

The work of the Foundation affirms God's love for our world through your love of Him.

The world needs that love.

Thank you, and a blessed Christmas to you and yours wherever they may be.

For assistance in making a gift to support the many works of the Foundation or to your own parish directly, contact:

Diane Duquette
Director of Gift Planning
Phone: 404/497.9440
E-mail: dduquette@cfnga.org

Advent

Advent /advent / n. 1. A time of spiritual preparation for the coming of our Lord — both during the days when we enjoy the life that has been granted us and when our time on Earth ends. 2. A time to prepare to manage the secular trappings of Christmas — the parties, the shopping and the holiday meals.

One of the wondrous and special results of the Christmas season is that, in the midst of all of this preparation, most of us think about giving back to help others.

The generosity of so many at this time — whether it is because of the message of our Lord or the tax benefits or both — provides the sustenance many charities and ministries throughout our community require to serve those most in need.

The staff at the Catholic Foundation of North Georgia helps parishioners prepare to leave a legacy to their parishes, Catholic schools, Catholic Charities or other non-profit ministries. We do this by working with parishioners and their legal or tax advisors to determine which of their assets will maximize good for the future of their parishes but still help their families.

During this Advent season, when we think about preparing for the coming of our Lord, perhaps we can also start planning our giving. The Catholic Foundation of North Georgia will help you begin the process.